The Navigation Guide Systematic Review Methodology: Evaluating Neurodevelopmental Outcomes

Tracey Woodruff December 16, 2015 PBDE/IQ-ADHD case study

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UCa

Clinical sciences have faced and addressed these same challenges

Evidence-Based Medicine (EBM)

EBM aims to apply the best available evidence gained from the scientific method to clinical decision making

- Developed to prevent harm from treatment decisions being made without strong basis in the evidence
- Transparent and systematic approach to evaluating evidence



Models for Navigation Guide



The Navigation Guide (2011)

Developed in 2009 by UCSF's Program on Reproductive Health and the Environment in collaboration with

22 clinicians and scientists from:

- Federal and state government agencies
- Other academic institutions
- Non-governmental organizations

HealthAffairs

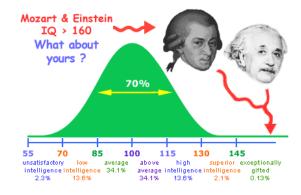
Abstract

Physicians and other clinicians could help educate patients about hazardous environmental exposures, especially to substances that could affect their reproductive health. But the relevant scientific evidence is voluminous, of variable quality, and largely unfamiliar to health professionals caring for people of childbearing age. To bridge this gap between clinical and environmental health, we created a methodology to help evaluate the quality of evidence and to support evidence-based decision making by clinicians and patients. The methodology can also support professional societies, health care organizations, government agencies, and others in developing prevention–oriented guidelines for use in clinical and policy settings.

GOAL: Establish a systematic and transparent method to evaluate the quality of evidence and to support evidencebased decision making, bridging the gap between clinical and environmental health

PBDES & Neurodevelopmental Outcomes



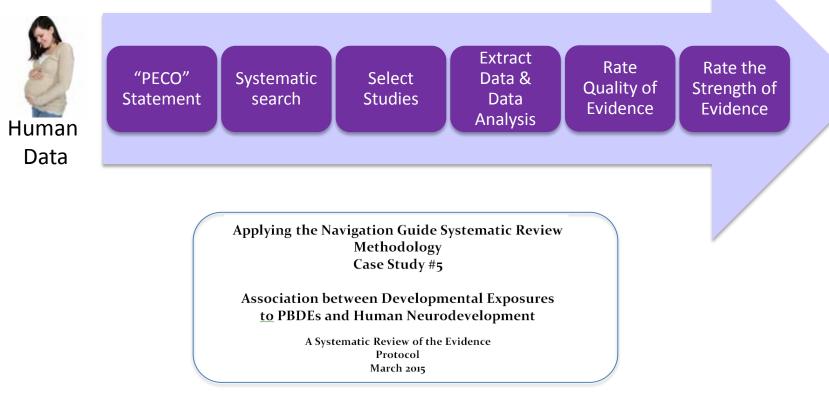


Does developmental exposure to PBDEs in humans affect:

- Quantitative measures of intelligence; or
- ADHD and attention-related behavioral conditions?

Systematic Review Approach

A pre-specified analytic plan (protocol) is developed and applied consistently to the evidence.



Protocol is registered in PROSPERO: University of York's Center for Reviews and Dissemination.

PBDE case study: PECO statement Image: PBDE case study: PBDE case study: PECO statement Image: PBDE case study: PBDE case study:



Exposure: Any *developmental* exposure to *PBDEs* that occurred prior to the assessment of 1) quantitative measure of intelligence or 2) ADHD and attention-related behavioral problems.



Comparator: Humans exposed to lower levels of PBDEs than the more highly exposed humans.

Outcome: Any clinical diagnosis or other continuous or dichotomous scale assessment of 1) *quantitative measures of intelligence* or 2) *ADHD and attentionrelated behavioral problems*.

PBDE case study: PECO statement

- **Exposures:** "PBDEs" refers to any single PBDE congener, or combination of grouped congeners.
 - "Any developmental exposure" is defined as maternal or paternal exposure incurred any time in proximity to conception (as defined by authors of the included study), or exposures to the offspring incurred in utero or in the perinatal or childhood period.
 - Exposures "prior to the assessment of quantitative measure or intelligence or ADHD and attention-related behavioral problems" include exposures measured in human biological samples prior to or concurrent with outcome assessment. Measures of exposure (PBDE congener levels) will be limited to only <u>concentrations measured in human biological samples</u>

PBDE case study: PECO statement

• <u>Comparator</u>: This definition is intended to include groups defined by case-control studies; for instance comparing the PBDE exposure levels for people with ADHD versus those without. In the event that these exposure levels turn out to be not statistically different, for the purposes of this case study this is still considered a sufficient definition of a comparator group.

PBDE case study: PECO statement

Outcome:

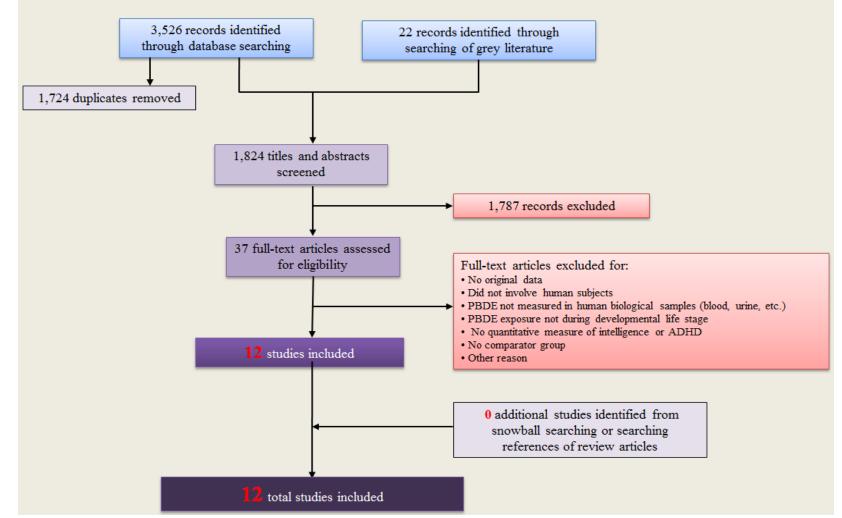
- Quantitative measures of intelligence include:
 - Wechsler Preschool and Primary Scale of Intelligence (WPPSI), Wechsler Intelligence Scale for Children (WISC), Stanford-Binet Intelligence Scale, or the McCarthy Scales of Children's Abilities (MSCA).
- Outcome measures of ADHD and attention-related behavioral problems include:
 - the Child Behavior Checklist (CBCL)/1.5-5, Conners' Kiddie Continuous Performance Test (K-CPT), Conners' Rating Scale-Teachers (CRS-T), Conners' Parent Rating Scale-Revised (CPRS), WISC-III (selected subscales), the Disruptive Behavior Disorders Rating Scale (DBD), or Continuous ADHD Confidence Index score.

Systematic literature search

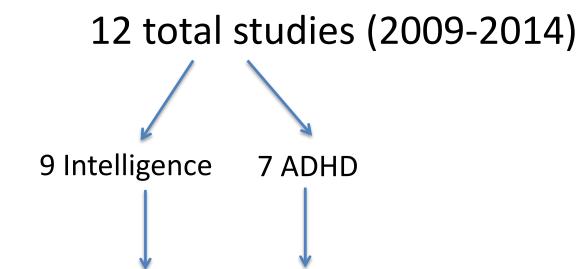
- Systematic search developed and implemented by a Cochranetrained librarian.
- *A priori* exclusion criteria:
 - No original data;
 - Did not involve human subjects;
 - Did not quantify developmental PBDE exposure in biological samples;
 - Did not report outcomes of quantitative measures of intelligence or ADHD and attention-related behavioral problems;
 - No comparator group; or
 - Study reported pre-existing conditions of genetic origin (e.g., fragile X syndrome)
- Snowball searching & searching references of review articles to identify additional studies

Systematic literature search

PBDE PRISMA diagram



Included studies



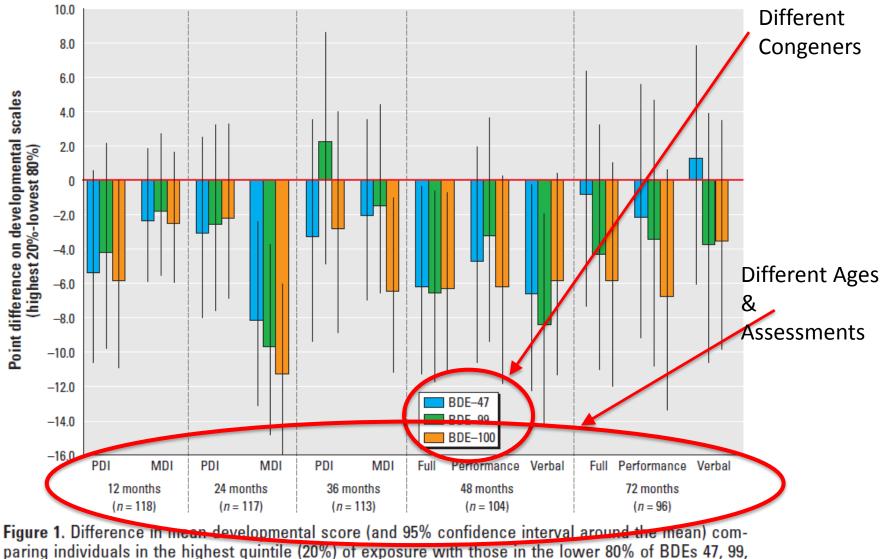
- Sample size: 35-309
- Exposure: breast milk, maternal/child serum, cord blood
- Timing: gestation, at birth, postpartum
- Outcome: MSEL composite, Bayley-II, Bayley-III, Full scale IQ, MSCA, WPPSI-R

- Sample size: 43-309
- Exposure: breast milk, maternal/child serum and whole blood, cord blood
- Timing: gestation, at birth, postpartum
- Outcome: BASC-2, CBCL, K-CPT, DSM-IV, Conner's Rating Scale, Parental Strength and Difficulties Questionnaire, ITSEA

PBDE & IQ (9 studies)



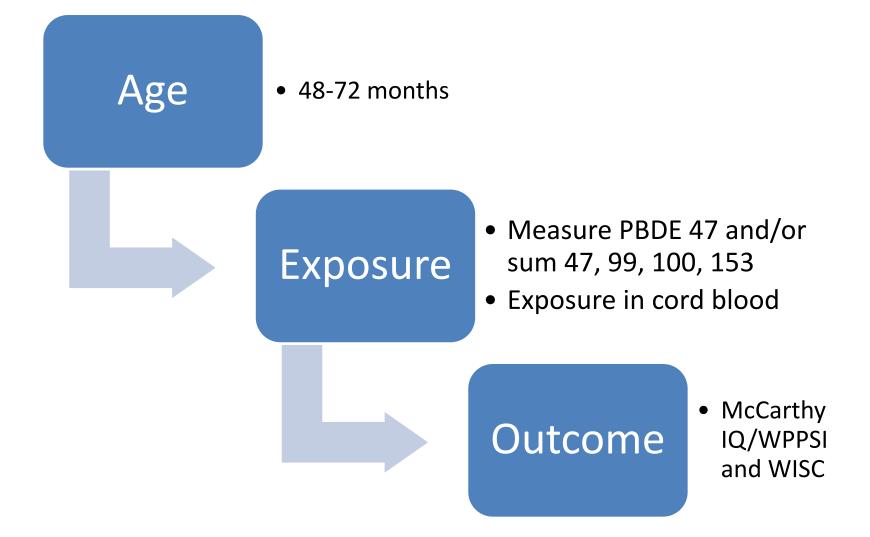
- Prospective birth cohorts
- 3 potentially related (Chao, Shy, Ding-Yan)
- Child Age : 8-72 months
- Confounders adjusted for: varying (child's sex, age at testing, HOME score, SES most common)
- Congeners: varying (47, 99, 100, 153 most common)



and 100. Mean differences were adjusted for age at testing, race/ethnicity, IQ of mother, sex of child, gestational age at birth, maternal age, ETS (yes/no), maternal education, material hardship, breast-feeding, language, and location of interview.

Herbstman et al. EHP 2010

Primary Meta-Analysis



PBDE & ADHD (7 Studies)



- Prospective birth cohorts and 1 cross-sectional
- Two related studies (Adgent and Hoffman)
- Age of children: 24 months-10 years
- Confounders adjusted for: varying (child's sex, age at testing, HOME score, SES most common)
- Congeners: varying (47, 99, 100, 153 most common)

Evaluating the Evidence

Human Evidence

Risk of Bias

each individual study

Domains

- · Recruitment strategy
- Blinding
- · Exposure assessment
- · Confounding
- · Incomplete outcome data
- · Selective reporting
- Conflict of interest
- Other bias

Determinations

(for each risk of bias domain)

- Low risk
- Probably low risk
- · Probably high risk
- High risk

Quality of Evidence across all studies.

Downgrade Criteria

- Risk of bias across studies
- Indirectness
- Inconsistency
- Imprecision
- Publication bias

Upgrade Criteria

- · Large magnitude of effect
- Dose response
- All possible confounding accounted for

Rating

(based on all quality criteria)

- High quality
- Moderate quality
- Low quality

Strength of Evidence across all studies.

Considerations

- Quality of body of evidence
- · Direction of effect
- Confidence in effect
- Other compelling attributes of the data that may influence certainty

Rating

(based on all strength considerations)

- Sufficient evidence
- Limited evidence
- Inadequate evidence
- Evidence of lack of toxicity

Risk of bias

- 1. Are the study groups at risk of not representing their source populations in a manner that might introduce selection bias?
- 2. Was knowledge of the group assignments inadequately prevented (i.e., blinded or masked) during the study, potentially leading to subjective measurement of either exposure or outcome?
- 3. Were exposure assessment methods lacking accuracy?
- 4. Were outcome assessment methods lacking accuracy?
- 5. Was potential confounding inadequately incorporated?

Maternal age, Maternal education, Marital status, Maternal use of alcohol during pregnancy, Maternal depression, Household income/poverty (measure of socioeconomic status (SES)), Gestational exposure to environmental tobacco smoke (active), Child sex, Exposure to other neurotoxic agents (i.e., lead), Home Inventory

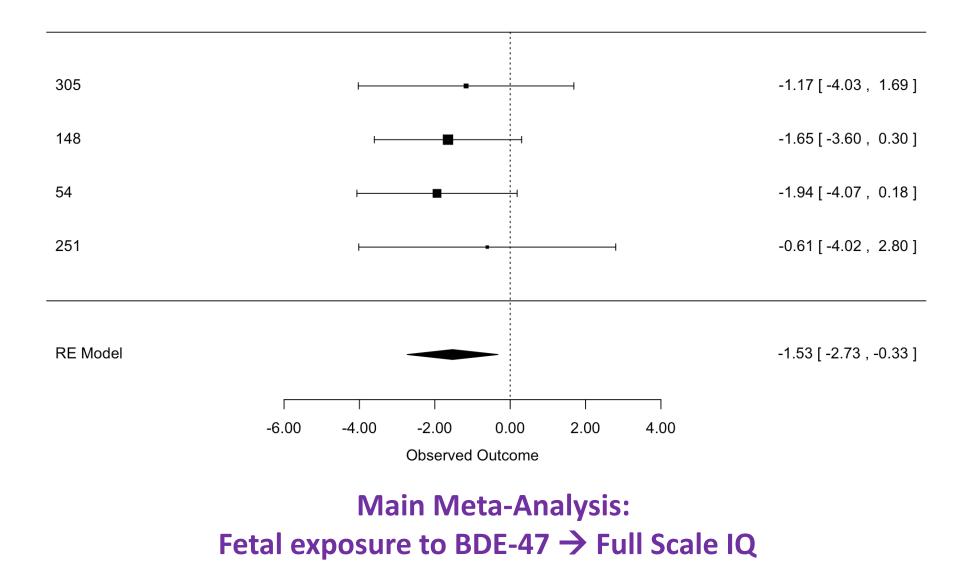
Risk of bias

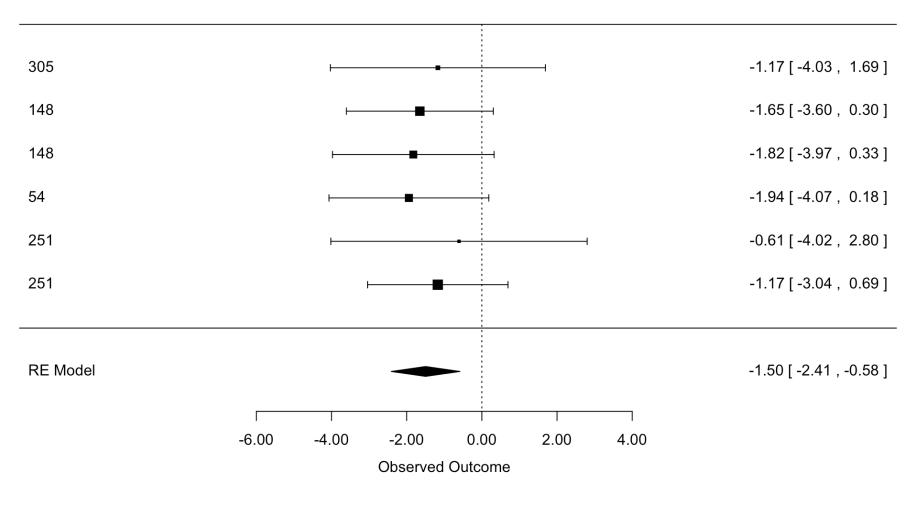
- 6. Were incomplete outcome data inadequately addressed?
- 7. Does the study report appear to have selective outcome reporting?
- 8. Did the study receive any support from a company, study author, or other entity having a financial interest in any of the exposures studied?
- 9. Did the study appear to have other problems that could put it at a risk of bias?

Risk of bias ratings

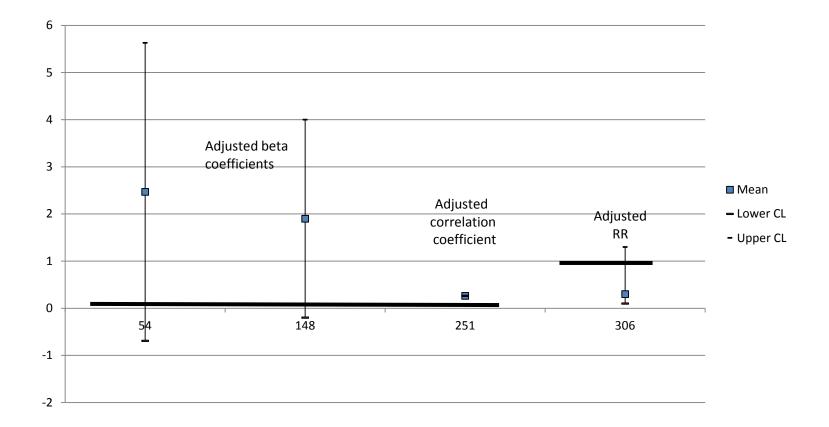
	CHEN	GUMP	ADGENT	ESKENAZI	GASCON	HOFFMAN	SHY	CHAO	GASCON	HERBSTMAN	ROZE	DING-YAN
	Ref ID 54	RefID 56	RefID 84	RefID 148	RefID 154	RefID 169	RefID 209	RefID 214	RefID 251	RefID 305	RefID 306	RefID 3539
1. Study groups representation												
2. Knowledge of the group assignments												
3. Exposure assessment methods												
4. Outcome assessment methods												
5. Potential confounding												
6. Incomplete outcome data												
7. Selective outcome reporting												
8. Financial conflict of interest												
9. Other												



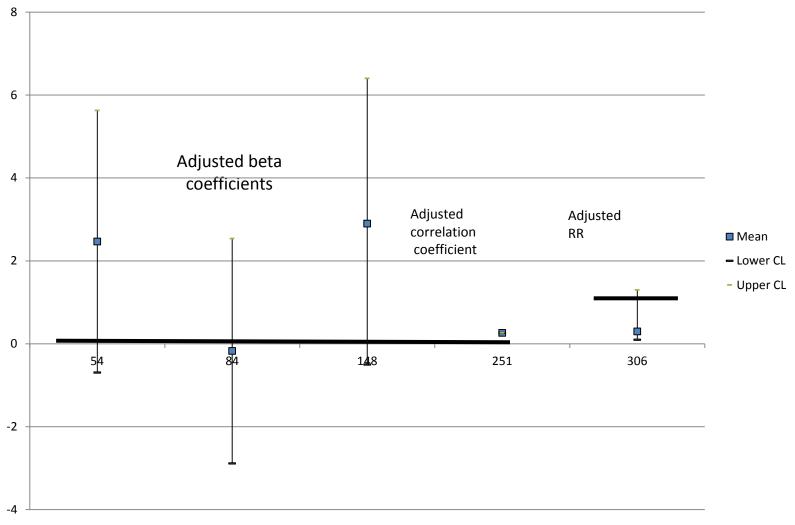




Secondary Meta-Analysis: Fetal/childhood exposure to BDE-47 → Full Scale IQ

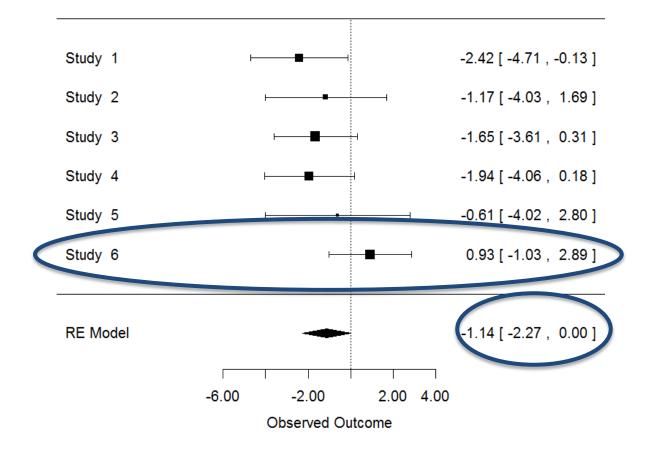


Summary estimate plots Fetal exposure to BDE-47 \rightarrow ADHD



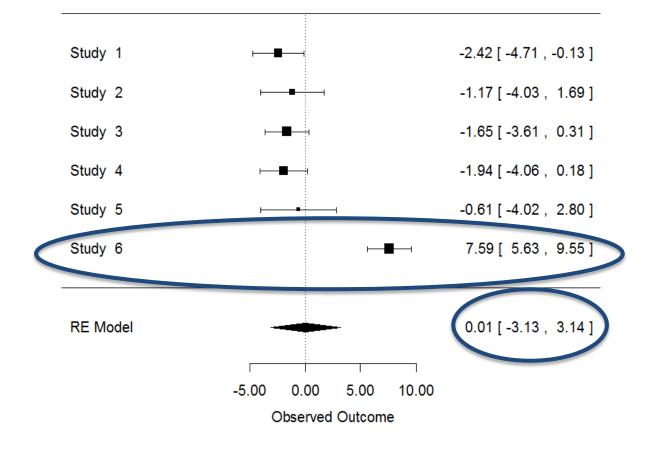
Summary estimate plots Fetal/childhood exposure to BDE-47 → ADHD

The Counterfactual



A new study would have to have effect size of about 0.93 IQ points to change the overall effect so that the **95% CI overlaps zero**—i.e., no longer statistically significant

The Counterfactual



A new study would have to have effect size of about 7.59 IQ points to change the overall effect size to the **opposite direction**, with 95% CI overlapping zero

Improving the process: registering protocol

- Ongoing debate for epidemiologic study protocols
- PROSPERO: University of York's Center for Reviews and Dissemination.
 - International database of prospectively registered systematic reviews in health and social care
 - Creates permanent online record of protocols, and allows tracking of changes in the process

UNIVERSITY of York Centre for Reviews and Dissemination National Institute for Health Research

PROSPERO International prospective register of systematic reviews

Applying the navigation guide systematic review methodology. Case Study #4: association between developmental exposures to ambient air pollution and autism

Juleen Lam, Patrice Sutton, Alycia Halladay, Lisette Davidson, Cindy Lawler, Craig Newschaffer, Amy Kalkbrenner, Gayle Windham, Natalyn Danlels, Saunak Sen, Tracey Woodruff

http://www.crd.york.ac.uk/PROSPERO/

Record ID: CRD42015017890

Citation

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Review question(s)

Does developmental exposure to air pollution affect diagnosis of Autism Spectrum Disorder (ASD)?

Searches

We will collaborate with an Information Specialist who has training, expertise, and familiarity with developing and performing systematic review literature searches. We will employ a variety of methods to identify relevant data, as described in the protocol. Our search will not be limited by language or publication date.

We will perform electronic searches of online databases (PubMed, ISI Web of Science, Blosis Previews, EMBASE, Google Scholar, and Toxline) using the search terms developed by a Cochrane-trained librarian (LS) who will implement the search for relevant studies.



Revision Notes

Revision History There are no previous versions

Improving the process: : Conflict of Interest Statements

- Conflict of interest is evaluated as risk of bias for each study
- Conflict of interest statements collected from each author
 - Reviewed COI disclosures (OSHA, IRIS, EHP, ES&T, Toxicol Sci, Nature, Science)
- Adapted Science/AAAS
 - List all academic/corporate/industrial affiliations
 - Financial contributions relevant to the case study
 - Financial holdings, professional affiliations, advisory positions, board memberships, patent holdings, etc.

Navigation Guide Authorship Form and Statement of Conflicts of Interest

Author Name: Tracey Woodruff

Case Study Title: <u>Autism Spectrum Disorder and Air Pollution</u>

Each author must complete the following form.

Conflict of Interest

1. Complete listing of the current institutional affiliations of the authors.

This list must include academic as well as corporate and other industrial affiliations. Please indicate below:

X_All my affiliations are listed in the case study protocol.

Additional affiliations not on the title page are:

Declaration: I declare that I have read the Navigation Guide's Conflict of Interest form and have disclosed all declarable relationships as defined therein, if any.

This form was submitted on February 13, 2015

Signature_

Name Tracey Woodruff_____

Lessons/Issues

- Multiple methods for measuring IQ, ADHD, Neurodevelopment
 - Need more standard approaches for measuring and reporting
- Can sort into more similar outcomes/exposures, but could influence power
 - Focus on most 'same', but can also use statistical approaches to integrating 'diverse' measurements
- Only evaluated human literature.

Conclusions

- Clarifies and standardizes relationships
- Identifies research needs
- Can be used to say when enough studies are done
- Systematic review approaches to evidence-based decision making can improve capacity to better protect public health





Thank you!



Program on Reproductive Health and the Environment

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Case Study Authors

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